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| Monday |  **Minced pork sage and onion slice with penne pasta in a tomato and secret vegetable garlic sauce Ce Cel**(Minced leg of locally reared pork, organic sweet potato and carrot are the secret vegetables!)**Plum, pineapple, and cantaloupe melon cocktail in orange juice**(Diced fresh melon, plum & pineapple pieces)**High Tea: Winter vegetable soup with a buttered baguette Da Ce, Cel So,** **Yeo Valley Organic fruit yoghurts Da, cheese cubes Da & fresh chopped fruit** |
| Tuesday | **Chicken and broccoli in a 3-cheese sauce with baked potato Da**(Diced chicken breast, Lyburn gold, mild cheddar, red Leicester, fancy cut broccoli florets, marfona potato)**Honeydew melon and peach cocktail**(diced fresh melon & peach pieces)**High Tea: Lamb & vegetable pasta Ce Cel with tomato & cucumber salad,** **fruit Jelly, cheese cubes Da & fresh chopped fruit** |
| Wednesday | **Tuna provencale with brown & white basmati rice Cel Fi**(tuna loin, tomato, sweetcorn, sweet potato, carrots, peppers)**Banana custard Da Ce**(double cream & milk)**High Tea: Fill your own wholemeal pita pockets with ham & sliced tomato Ce So, baton cucumber, apple & cinnamon wheels Da Ce,** **cheese cubes Da & fresh chopped fruit** |
| Thursday | **Roast turkey breast, roast potatoes and baby carrots Cel**(Stock made from chicken wings, vegetables, garlic and herbs)**Fresh blackcurrant mousse**(Double cream, natural yoghurt, pureed blackcurrants)**High Tea: Homemade baked beans Cel with cheesy sage panini dunker Da Ce,** **oaty fruity biscuit Da Ce, cheese cubes Da & fresh chopped fruit** |
| Friday | **Beef and vegetable bolognaise with pasta twists Cel Ce**(Locally reared minced beef, onion, celery, carrot, peppers, mushrooms, fusilli pasta) **Vanilla sponge with rich chocolate sauce Da Eg So Ce**(Free range eggs and cream, Belgian chocolate)**High Tea: Tuna & philly sandwiches (Hovis Best Of Both) Da Fi So Ce,** **cherry flapjack Da Ce, carrot sticks, cheese cubes Da fresh chopped fruit** |

**Week 3 Winter Main Menu**