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| Monday | **Minced pork sage and onion slice with penne pasta in a tomato and secret vegetable garlic sauce Ce Cel**  (Minced leg of locally reared pork, organic sweet potato and carrot are the secret vegetables!)  **Plum, pineapple, and cantaloupe melon cocktail in orange juice**  (Diced fresh melon, plum & pineapple pieces)  **High Tea: Winter vegetable soup with a buttered baguette Da Ce, Cel So,**  **Yeo Valley Organic fruit yoghurts Da, cheese cubes Da & fresh chopped fruit** |
| Tuesday | **Chicken and broccoli in a 3-cheese sauce with baked potato Da**  (Diced chicken breast, Lyburn gold, mild cheddar, red Leicester, fancy cut broccoli florets,  marfona potato)  **Honeydew melon and peach cocktail**  (diced fresh melon & peach pieces)  **High Tea: Lamb & vegetable pasta Ce Cel with tomato & cucumber salad,**  **fruit Jelly, cheese cubes Da & fresh chopped fruit** |
| Wednesday | **Tuna provencale with brown & white basmati rice Cel Fi**  (tuna loin, tomato, sweetcorn, sweet potato, carrots, peppers)  **Banana custard Da Ce**  (double cream & milk)  **High Tea: Fill your own wholemeal pita pockets with ham & sliced tomato Ce So, baton cucumber, apple & cinnamon wheels Da Ce,**  **cheese cubes Da & fresh chopped fruit** |
| Thursday | **Roast turkey breast, roast potatoes and baby carrots Cel**  (Stock made from chicken wings, vegetables, garlic and herbs)  **Fresh blackcurrant mousse**  (Double cream, natural yoghurt, pureed blackcurrants)  **High Tea: Homemade baked beans Cel with cheesy sage panini dunker Da Ce,**  **oaty fruity biscuit Da Ce, cheese cubes Da & fresh chopped fruit** |
| Friday | **Beef and vegetable bolognaise with pasta twists Cel Ce**  (Locally reared minced beef, onion, celery, carrot, peppers, mushrooms, fusilli pasta)  **Vanilla sponge with rich chocolate sauce Da Eg So Ce**  (Free range eggs and cream, Belgian chocolate)  **High Tea: Tuna & philly sandwiches (Hovis Best Of Both) Da Fi So Ce,**  **cherry flapjack Da Ce, carrot sticks, cheese cubes Da fresh chopped fruit** |

**Week 3 Winter Main Menu**